

Dalla Terra Allergy Chart June 2026

Dishes	Celery	Cereal containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Focaccia Bread, rosemary		✓												✓
Mandorle, Smoked Almonds										✓				
Nocellara Olives	✓													✓
Parmigiano al Forno				✓			✓			✓				✓
Black Olives Tapenade, grissini	✓													✓
Hummus, Sardinian carasau crisp bread		✓										✓		✓
Arancini Gorgonzola -mushroom & Gorgonzola cheese		✓					✓							✓
Bruschetta al Pomodoro, honey roasted tomato		✓												✓
Bruschetta con Acciughe, anchovy & plum tomato, lemon zest		✓			✓									✓
Carpaccio de Zucchine, roasted tomatoes, lemon														✓
Tuna Carpaccio, capers, extra virgin olive oil, lemon					✓									
Burrata Fresca - roasted aubergine & confit tomatoes							✓			Traces	Traces	Traces		✓
Salumi, 16 onths proscicutto de parma, speck, spianata		✓					✓			✓	Traces	Traces		✓
Trofie al Pesto, trofie pasta with basil & pine nut pesto		✓					✓			✓				✓
Lasagna Bolognese, merlot wine	✓	✓		✓			✓							✓
Risotto agli Asparagus Piselli, asparagus & youn pea risotto, grana							✓							✓
Coteletta alla Milanese, panko crusted chicken, rock salt, lemon, rocket salad		✓		✓			✓							✓
Orata, line-caught sea bream, crisp potato shell with rocket salad					✓									✓
Bistecca di Scamone, Dedham Vale 28 days aged rump steak, house fries,							✓		✓					✓
Bistecca di Fletto, Dedham Vale 28 days aged fillet steak, house fries, rocket							✓							✓
Insalata di Rucola - rocket, cherry tomato							✓		✓					✓
Patatine Fritte - house fries, wild rosemary, garlic														✓
English Asparagus, parmigiano flakes							✓							Traces
Affogato - vanilla gelato, coffee						✓	✓			Traces	Traces	Traces	✓	✓
Panna Cotta, English strawberries		✓				✓	✓			Traces	Traces	Traces	✓	✓
Tiramisu with marsala wine		✓		✓		✓	✓			Traces	Traces	Traces	✓	✓
Chocolate Fondente - 70% dark chocolate, vanilla gelato		✓		✓		✓	✓			Traces	Traces	Traces	✓	✓
Formaggi, blue, toma, cow's milk tartufo, 24 months organic parmigiano Reggiano		✓					✓			Traces		Traces		✓